



# NEWS RELEASE

## Benefit Commerce Group Updates Its White Paper on Controlling Employee Health Plan Costs



Scottsdale, AZ January 16, 2017 – **Benefit Commerce Group**, a Scottsdale-based innovative employee benefits consulting firm, has released an update of its white paper: ["Debunking 10 Myths about Employee Health Plans. How Employers Can Save Money and Be in Control."](#)

Scott Wood, Principal and CEO of Benefit Commerce Group, said, "Health plan costs are the 2<sup>nd</sup> or 3<sup>rd</sup> highest budget expense for most employers. Many employers have thrown up their hands, believing there is nothing they can do to control these increasing costs. But that just isn't true."

The white paper reviews 10 commonly accepted myths about employee health plan costs and explains why these 10 myths are not true. The white paper shows how employers can stop over-paying and start getting control over their health plan costs.

Here's an example:

***Myth 2: Saving money on healthcare plans boils down to passing on more costs to employees.***

*Not True. Passing costs on is not saving. The only way to save on total healthcare costs is to get at the core issues that drive healthcare spending. That means establishing a strategy that will work for the employer this year and a strategy for the long term.*

*It means using established "best practices" that are proven to lower healthcare costs.... (The white paper goes on to list these proven best practices and explain why they are important.)*

To receive a copy of the white paper and other information about controlling employee health plan costs, contact Benefit Commerce Group at 480-515-5010 or [info@benefitcommerce.com](mailto:info@benefitcommerce.com).

## **ABOUT Benefit Commerce Group**

Benefit Commerce Group is an innovative and award-winning employee benefits consulting firm that is changing the health care cost paradigm, one company at a time. We provide employers with sustainable strategies to lower health plan costs first-year and long-term. Benefit Commerce is a “game-changer” for companies striving to control one of their highest expense items: employee benefits costs. We are not your typical benefits firm, and we are not offering typical cost-shifting techniques. Our strategies yield real savings for both employer and employee and also integrate meaningful consumer-focused employee health and wellness programs. Our technology enhancements also set us apart, as we offer methods to streamline HR functions from enrollment through ongoing employee communication and administration. Through our proven programs, Benefit Commerce Group has helped our clients receive recognition from the Phoenix Business Journal’s “Healthiest Employers” program, the Wellness Council of Arizona and The Institute for HealthCare Consumerism, a national organization. Clients have received over 100 awards in the past three years. The company conducts an annual Arizona Employee Benefits Benchmarking survey for mid-size employers across the state. The success of our strategies is illustrated by our Inc. 5000 listing for two years in a row among the fastest-growing private companies in America. Principals of the firm include Scott Wood, Johnny Angelone and Chris Hogan. For more information on Benefit Commerce Group, call us at 480-515-5010 or visit our website [www.benefitcommerce.com](http://www.benefitcommerce.com).

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